

# We're here to help when you need it most. Here's how.



## Find the right doctors

We can also find the right hospitals, specialists and other leading providers, anywhere in the country.

## Schedule appointments

Our experts can expedite appointments, arrange second opinions and transfer medical records.

## Expert, short-term assistance

Our Licensed Professional Counselors can make referrals for more in-depth care, if needed.

## Support with work/life issues

Our Work/Life Specialists can help locate childcare, eldercare, legal and financial assistance. Plus, our skilled negotiators can help lower uncovered medical bills!

## Resolve benefits issues

We'll do the legwork to resolve insurance claims and billing issues, untangle medical bills and coordinate benefits.

## Get your questions answered

We help you become informed about test results, treatments and medications.

## Professional, caring support

Get personalized help with stress, depression, family problems, substance abuse and much more.

## Convenient online resources

Get 24/7, online access to educational materials, webinars and other helpful resources..

Your Health Advocate benefit is being offered by your employer at no additional cost for you and covers eligible employees, their spouses, dependent children, parents and parents-in-law.\*

\* Restrictions apply

Health Advocate is not affiliated with any insurance company or third party provider, and does not provide medical care or recommend treatment.



**866.799.2728**

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## HealthAdvocate